

# Quarrel Shop Training for Young Adults



**Learn how to confront conflict & improve your communication skills through workshops, mediation, drama, games, a residential weekend**



Tel: 020 7561 3700  
Email: [Info@leapconfrontingconflict.org.uk](mailto:Info@leapconfrontingconflict.org.uk)  
Registered Charity No: England and Wales 1072376 & Scotland SC041152  
Registered Company No: 3628271

# Who is it for?

If you're aged 16-21 years old it's for you!

# What is it?

Learn how:

- To deal with conflict
- To Communicate in conflict situations
- To run workshops
- To be a mediator

# How much is it?

Nothing, it's **FREE!**

We'll also pay travel.



# What is the commitment?

Quarrel Shop is a programme that usually runs over the course of 12 weeks, either evenings or day sessions including:

- 1 weekend residential
- Delivery of workshops

# What do I gain?

You will gain:

- Conflict resolution training
- Facilitator training
- Certificates
- Personal development & confidence
- Team work & making new friends

# What next?

Complete the Quarrel Shop referral form: and send to [quarrel.shop@leapconfrontingconflict.org.uk](mailto:quarrel.shop@leapconfrontingconflict.org.uk)

Leap Confronting Conflict, Unit 7 Wells House, 5-7 Wells Terrace, Finsbury Park, London, N4 3JU